Oklahoma State University
STATE GREEK
2024-2025
WELCOME TO OKLAHOMA STATE UNIVERSITY!

We are elated that you have chosen Oklahoma State as your new home and have taken an interest in sorority life. Our fraternity and sorority community is amongst the finest in the country with continuous recognition for our scholarship, community service, and leadership development. The Panhellenic Council oversees OSU’s thirteen National Panhellenic Conference chapters. Our executive council is made up of nine sorority women who work diligently to create a unified community. We strive to help women create genuine friendships and increase their community involvement. Together, Panhellenic women can make a big impact on OSU and our surrounding community.

When you choose to commit to sorority life, you gain membership in something greater than yourself. You will find the women who share your values within the place you’ll call your lifelong home. As women who know how powerful sisterhood truly is, we could not be more excited for you to make this journey your own. In the Panhellenic community, you will find support, encouragement, and endless love. We hope that throughout the recruitment process, you hold your values close to your heart and find a sisterhood that feels most true to you. Each of our chapters is made up of strong women each with diverse backgrounds and unique personalities.

If you have any questions, please feel free to contact us at (405) 744-6583 or by email at sororityrecruitment@okstate.edu. We cannot wait for you to embark on this journey and find the women that feel like sisters to you. You are so loved!

Warmly,

Hattie, Bella, and Allie Jo
Recruitment Coordinators
## TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Welcome Letter</td>
<td>1</td>
</tr>
<tr>
<td>Registration &amp; Academic Standards</td>
<td>3</td>
</tr>
<tr>
<td>Panhellenic Exec Council</td>
<td>4</td>
</tr>
<tr>
<td>Panhellenic Pillars &amp; Creed</td>
<td>5</td>
</tr>
<tr>
<td>Recruitment Housing</td>
<td>6</td>
</tr>
<tr>
<td>Statement on Legacies &amp; Recommendation Letters</td>
<td>7</td>
</tr>
<tr>
<td>Alcohol Policy &amp; Hazing Code</td>
<td>8</td>
</tr>
<tr>
<td>Financial Commitment</td>
<td>9</td>
</tr>
<tr>
<td>Strategic Plan &amp; Mental Health Resources</td>
<td>10</td>
</tr>
<tr>
<td>Extracurricular Involvement</td>
<td>11</td>
</tr>
<tr>
<td>Fraternity &amp; Sorority Community</td>
<td>12</td>
</tr>
<tr>
<td>Recruitment Schedule</td>
<td>13</td>
</tr>
<tr>
<td>Values-Based Recruitment</td>
<td>14</td>
</tr>
<tr>
<td>Recruitment Rounds</td>
<td>15-19</td>
</tr>
<tr>
<td>Sorority Chapter Profiles</td>
<td>20-32</td>
</tr>
<tr>
<td>Terms to Know</td>
<td>33</td>
</tr>
<tr>
<td>Frequently Asked Questions</td>
<td>34</td>
</tr>
<tr>
<td>Greek Alphabet &amp; Pronunciations</td>
<td>35</td>
</tr>
<tr>
<td>Note-Taking Pages</td>
<td>36-39</td>
</tr>
<tr>
<td>Greek Neighborhood Map</td>
<td></td>
</tr>
</tbody>
</table>

**Oklahoma State University**

**OFFICE OF FRATERNITY & SORORITY AFFAIRS**

321 Student Union   | Stillwater, OK 74078   | (405) 744-5490 | gogreek.okstate.edu

Dr. Johnny Robinson  | Casey Domnick          | McKinley Paratore |
| Director of Student Involvement               | Assistant Director of Fraternity & Sorority Affairs | Coordinator of Fraternity & Sorority Affairs |

**CONNECT WITH US**

panhellenic.okstate.edu   | (405) 744-6583   | sororityrecruitment@okstate.edu
X: @OkSUpanhellenic   | Instagram: @okstatepanhellenic |
Facebook: Oklahoma State University Panhellenic

Although the information in this document is believed valid, certain printed material is subject to change without notification.
REGISTRATION REGISTRATION

Registration for formal recruitment is available online at http://gogreek.okstate.edu or at panhellenic.okstate.edu. Registration is now open and will close August 1, 2024 at 11:59 p.m.

The following information will be required for registration:
- OSU email address
- Digital photo
- Campus Wide Identification Number (CWID).
- Activities, honors and service. Including this information will create a resume for you.
- T-shirt size
- Parent/guardian email address. Parents/guardians have the opportunity to receive summer updates and nightly emails during recruitment week. Each PNM may provide two email addresses for parents/guardians.

Once beginning the registration process, be sure you complete all the information at that time. If you do not complete everything at once, your information will not be saved, and you will have to start the process from the beginning. Therefore, it is helpful to have the aforementioned information handy when beginning the registration process.

After registering online, please follow the instructions to pay online or mail your $110 registration fee and $5 administrative fee to:

Panhellenic Recruitment
Oklahoma State University
321 Student Union
Stillwater, OK 74078

Checks should be made payable to “Panhellenic Recruitment.” Please put your name and CWID in the check's memo line.

The payment must be received by the registration deadline for your registration to be complete. If payment is mailed, it must be postmarked by August 1, 2024. No late applications or materials will be accepted! There will be no refunds after this date.

A confirmation will be sent to you within two weeks of the Panhellenic Council receiving your registration materials. If your confirmation states any part of your registration materials are missing or incomplete, those items should be called in or mailed immediately to the Panhellenic Council.

ACADEMIC STANDARDS

The Panhellenic Council does not set specific academic requirements/standards for potential new members to participate in recruitment. However, it is important to understand each chapter has grade point average requirements set by its inter/national organization and the local members. These individual requirements are listed on the sorority profile pages later in the booklet.

The high school GPA that the Panhellenic Council accepts is the Core GPA provided by the Office of Undergraduate Admissions, which is defined below.

15-Unit Core Curricular Requirements:
- 4 units of English (grammar, composition and literature);
- 3 units of mathematics (algebra I, geometry, algebra II and above);
- 3 units of history and citizenship skills (one unit of American history and two units from the subjects of history, economics, geography, government, civics and/or non-western culture);
- 3 units lab science (biology, chemistry, physical sciences, physics or any lab science certified by school district); and
- 2 units of other courses selected from any of the sections above or computer science or foreign language.

AP and higher-level IB courses are identified and weighted in the Core GPA (i.e. If a student makes a B in AP language composition, it is calculated as an A. An earned A grade is given an extra point when calculated.)

While the State Regents strongly support the initiation of honors courses, honors weighting will not be used in the calculation of either high school (overall or core) GPA because there is no equitable mechanism to include the honors premium.

The above information can be found online at https://admissions.okstate.edu/admission-requirements#freshmen.

Please don’t forget to send your final transcript to the Office of Undergraduate Admissions as soon as you are able because all academic information (high school and/or college GPA(s) and ACT and/or SAT scores) provided to chapters will be verified through the Student Information System (SIS). Your application will not be complete without the final transcript(s). The Panhellenic Council and Office of Fraternity & Sorority Affairs are not responsible for lost, misplaced, or late transcripts due to the Office of Undergraduate Admissions. It is the responsibility of the student to contact the Office of Undergraduate Admissions before the Recruitment registration deadline to ensure all necessary documents have been received.

If your high school GPA is below a 3.0 or your college GPA is below a 2.7 (on a 4.0 scale), you may have significantly fewer opportunities than participants with higher GPAs. Potential new members who do not meet the minimum academic requirements of a specific chapter are typically released early in the recruitment process to allow these women to explore other alternatives. After accepting membership in a chapter, there are academic requirements for women to stay active in the chapter during their time at OSU. The GPA requirements differ from chapter to chapter. Inquiring about academic standards is a wonderful idea for conversations during recruitment. Additionally, each woman must be a full-time OSU student to be considered an active member of one of our 13 chapters.
PANHELLENIC EXECUTIVE COUNCIL

Emily
President

Hattie
VP of Judicial Affairs

Ella
VP of Administration

Aly
VP of Public Relations

Trisa
VP of Education

Savannah
VP of Programming

Tatum
VP of Community Outreach

Bella
Internal VP of Recruitment

Allie Jo
External VP of Recruitment
WHAT IS PANHELLENIC?

The Panhellenic Council is led by a team of executive officers elected by their peers. The Panhellenic Council consists of delegates from the 13 OSU sorority chapters. The council acts as the central governing body of the sorority community. The Panhellenic Executive Council is actively involved with chapter development, including leadership opportunities for chapters and their members, compiling grade statistics for individual chapters and the Panhellenic Association, coordinating campus and community service projects, and making resource materials available to help combat chapter issues.

They are also in charge of organizing recruitment, including compiling and publishing recruitment materials for incoming students and training recruitment counselors to represent Panhellenic spirit to potential new members. Finally, the Panhellenic Executive Council represents all sororities at regional and national meetings, and represents all sorority women by serving on university committees.

GREEK PILLARS

ACADEMICS
Sororities concentrate on creating successful scholarship programs that help each member reach her academic goals. These programs include study halls, academic mentors, study files and support technology. Chapters take great pride in their academic efforts and encourage their members to make education a top priority. Because of this strong commitment to scholarship, the all-sorority average GPA consistently exceeds the OSU undergraduate all-women’s average. The Panhellenic GPA for the fall 2023 semester was a 3.503 while the all non-greek undergraduate women’s GPA was 3.249

LEADERSHIP
Sorority women and fraternity men hold more than half of the leadership positions on the Oklahoma State University campus. Not only do sorority women seek out leadership positions on campus, but they also assume leadership roles within the individual chapters and in the Panhellenic community as a whole. Sororities encourage active involvement in campus organizations and foster the skills necessary for their members to become strong leaders. Additional leadership development programming within the chapters promotes interaction with fraternity and sorority alumni and other community leaders who can help build a foundation for success after graduation.

PHILANTHROPY
Sorority involvement in community service is a priority among all chapters at OSU. Sorority women contribute volunteer efforts and monetary donations to a number of worthwhile local and national organizations, some of which are highlighted on the sorority profile pages of this booklet. The Panhellenic Association heavily supports many local philanthropies and participates in other campus wide service projects. These provide OSU sorority women the opportunity to grow as civic-minded leaders. In 2022, students raised nearly a quarter of a million dollars and gave more than 50,000 hours of their time.

SISTERHOOD
At Oklahoma State, sororities enable young women to establish strong friendships that last far beyond their college years. Affiliation provides members with an opportunity to interact with other students of all ages, backgrounds, and interests. Members meet a diverse group of people within the Greek community and other students organizations. Membership offers a network of support while students are making the transition to college life.

PANHELLENIC CREED

We, as undergraduate members of women’s fraternities, stand for good scholarship, for guarding of good health, for maintenance of fine standards, and for serving, to the best of our ability, our college community. Cooperation for furthering life, in harmony with its best possibilities, is the ideal that shall guide our fraternity activities.

We, as fraternity women, stand for service through the development of character inspired by close contact and deep friendship of individual fraternity and Panhellenic life. The opportunity for wide and wise human service, through mutual respect and helpfulness, is the tenet by which we strive to live.
Thanks to a partnership with the Department of Housing and Residential Life, the Panhellenic Council hopes to make the transition from home to college as seamless as possible for recruitment participants. Therefore, you will be moving into your permanent housing assignment on campus for formal recruitment. You are to report to the appropriate desk listed below based on your housing assignment in order to move in. Please note only you will be allowed to acquire the key for your room. Parents/guardians will not be granted access to a room without you present. Women participating in recruitment will have the option to move in on Monday, August 12.

**IF YOU’LL BE LIVING IN >>> REPORT TO...**

- Bost, Sitlington, Morsani-Smith, Davis, Young, Carreker East and West, Payne-Ellis, McPherson >>> Griffith Center
- Kamm, Peterson-Friend >>> Check-in at Patillo’s
- Wentz, Parker, Patchin-Jones >>> Wentz Lobby
- Villages and Iba >>> Village CASNR Front Desk
- Bennett >>> Bennett Living Room (1st Floor)
- Zink-Allen >>> Zink-Allen Lobbies
- Booker-Stinchcomb >>> Booker-Stinchcomb Lobbies
- West University Commons >>> West Commons Lobby
- South University Commons >>> South Commons Lobby
- North University Commons >>> North Commons Lobby
- Stout >>> Stout Lobby

The Department of Housing and Residential Life will facilitate the early arrival process. Questions regarding move-in logistics or the early arrival process can be directed to the Department of Housing and Residential Life at (405) 744-5592. Please note that women who will not be living on campus during the fall semester are responsible for their own housing and parking permit during formal recruitment.

**CHECKING IN FOR RECRUITEMENT**

**MONDAY, AUGUST 12**

The check-in process for recruitment is very important. First and foremost, please note that moving into your permanent housing assignment does NOT automatically check you in for formal recruitment. PNMs must report to their gamma chis during the first group meeting on the afternoon of Monday, August 12. Failure to check-in with their gamma chis will result in the PNM being unable to participate in recruitment.

**RECRUITEMENT DINING**

Each woman has a meal included in the cost of the registration fees. This meal plan includes designated lunches and one dinner. All other meals throughout the week will be independent and individuals can use their semester meal plan to eat what they would like to on campus. This will help encourage PNMs to explore the on-campus dining options during the week of recruitment. We encourage PNMs to plan ahead to have snacks and breakfast available in their own dorm.
STATEMENT ON LEGACIES

A legacy is defined differently by each inter/national organization. However, in general, a legacy is defined as a woman whose sister, mother or grandmother is a member of a National Panhellenic Conference sorority. Some chapters are asked by their inter/national organization to get to know each of its legacies participating in recruitment. Policies have changed in recent years, please check with your organization to check the latest policies. It is important to note a sorority is not obligated to offer a bid to a legacy, and a potential new member is not obligated by anyone to commit to a chapter where she is a legacy.

Please remember that the ultimate decision to join a chapter rests with the potential new member. The potential new member should not make a decision or be under pressure based on her legacy affiliation. The potential new member should make a choice based on where she is most comfortable, not on the experience of another individual.

RECOMMENDATION LETTERS

A letter of recommendation, also referred to as a Recruitment Information Form(RIF), is written by an alumna member of an organization for the purpose of introducing a woman to a chapter. It provides a brief description of her interests, activities, and personality. A letter of recommendation is often a checkbox and may not even be viewed by the chapter so please do not stress if you are unable to get one for a chapter. The standards and policies set by the National Panhellenic Conference regarding letters of recommendation state:

"The responsibility for providing letters of recommendation for prospective new members rests with the members of NPC fraternities, and recruitment information distributed through College and Alumnae Panhellenics shall contain nothing that infers that letters of recommendation must be secured by the potential new member.

Individual NPC member groups will clarify this responsibility with their membership. NPC area advisors will clarify this responsibility with College and Alumnae Panhellenics. Remuneration from the potential new member or her family for any such letter is inappropriate."

Recommendation letters may be considered in the membership selection process, however they are in no way required for joining any chapter and some chapters may not accept them. An alumna member unfamiliar with the recommendation letter process can visit her inter/national organization’s website for further instructions. The letter of recommendation should be submitted electronically via the inter/national organization’s website. Any recommendation letters received by the Office of Fraternity & Sorority Affairs and/or by the Panhellenic Council will be destroyed. Registering with a local Alumnae Panhellenic Association for recommendation letters does not register you for recruitment. To register, you must complete the online registration form. See page 3 for more information on registration.

POTENTIAL NEW MEMBER CHECKLIST

We recommend having a tote bag to bring along with you from round to round! Here are some ideas of what to include:

- Walking shoes
- Hand-held fan
- Notepad & pen
- Water bottle
- Mints/gum
- Snacks and breakfast food
- Hand sanitizers
- Band-aids
- Makeup mirror
- Perfume/body spray
- Deodorant
- Hairbrush
- Oil blotting pads
- Sunglasses
- Umbrella
- Personal medications
- Money for dinner on your own
- Open mind & Positive attitude!
**POTENTIAL NEW MEMBER BILL OF RIGHTS**

A potential new member has:

- The right to be treated as an individual;
- The right to be fully informed about the recruitment process;
- The right to ask questions and receive true and objective answers from recruitment counselors and members;
- The right to be treated with respect;
- The right to be treated as a capable and mature person without being patronized;
- The right to ask how and why and receive straight answers;
- The right to have and express opinions to recruitment counselors;
- The right to have inviolable confidentiality when sharing information with recruitment counselors;
- The right to make informed choices without undue pressure from others;
- The right to be fully informed about the binding agreements implicit in the membership acceptance signing;
- The right to make one’s own choice and decision and accept full responsibility for the results of that decision; and
- The right to have a positive, safe and enriching recruitment experience.

**EQUAL OPPORTUNITY & NON-DISCRIMINATION POLICY**

The National Panhellenic Conference and Oklahoma State University, in compliance with Title VI of the Civil Rights Act of 1964 and Title IX of the Education Amendments of 1972 (Higher Education Act), do not discriminate on the basis of race, color, religion, national origin or ethnicity in any of their policies, practices or procedures.

*Note: The Panhellenic Council and each member chapter have adopted and are required to follow the policies listed on this page. Any violation will result in a judicial board hearing. Copies of both the Alcohol Policy and Hazing Code can be found on the Office of Fraternity & Sorority Affairs’ website at [http://gogreek.okstate.edu](http://gogreek.okstate.edu).*

**ALCOHOL POLICY**

- The organization, members and guests must comply with all federal, state, provincial and local laws. No person under the legal drinking age may possess, consume, provide or be provided alcoholic beverages.
- The organization, members and guests must follow the federal law regarding illegal drugs and controlled substances. No person may possess, use, provide, distribute, sell and/or manufacture illegal drugs or other controlled substances while on chapter/organizational premises or at any activity or event sponsored or endorsed by the chapter/organization.
- No alcoholic beverages may be purchased through or with organization funds or funds pooled by members or guests (admission fees, cover fees, collecting funds through digital apps, etc.).
- Common sources of alcohol, including bulk quantities and kegs, which are not being served by a licensed and insured third party vendor, are prohibited. Open parties are prohibited. Attendance by non-members at any event where alcohol is present must be by invitation only, and the organization must utilize a guest list system.
- Any event or activity related to the new member joining process (e.g., recruitment, intake, rush, etc.) must be substance free. No alcohol or drugs may be present if the event or activity is related to new member activities, meetings, or initiation into an organization, including but not limited to “bid night,” “big/little” events or activities, “family” events or activities and any ritual or ceremony.
- No organization may co-sponsor an event with an alcohol distributor or bar (bar defined as an establishment generating more than half of annual gross sales from alcohol) at which alcohol is given away, sold or otherwise provided to those present.
- No organization may co-sponsor, co-finance, attend, or participate in an event at which alcohol is purchased by any of the host organizations.
- The organization, members or guests must not permit, encourage, coerce, glorify or participate in any activities involving the rapid consumption of alcohol, such as drinking games.

**HAZING CODE**

The safety of all students within our fraternity and sorority community is our top priority. Any individuals and/or organizations participating in or sponsoring hazing behavior or activities will be held responsible as defined by the Oklahoma State University Code of Conduct. Hazing is defined as any activity which recklessly or intentionally endangers the mental health, physical health or safety of a student for the purpose of initiation or admission into, or affiliation with, any organization operating subject to the sanction of the public or private school or of any institution of higher education in the state of Oklahoma. In addition, the Student Code of Conduct document prohibits any form of racial, ethnic and sexual harassment.

**GREEK 100**

Founded in the fall of 2018, Greek 100 is making strides as the first student-led peer education program of its kind. Specifically focused on the fraternity and sorority life at Oklahoma State University, the facilitators from Greek chapters lead educational presentations to chapters on how to be an effective bystander. Chapter members are educated on how they can use their leadership skills and organization values to prevent sexual violence, hazing, and alcohol and drug abuse within the Oklahoma State community. Each organization has two presentations per semester with 95% of their members in attendance. Members from freshmen to seniors are expected to take action when they see something that does not align with their organization and OSU values. Greek 100 assures Oklahoma State Greek Life members have a positive sorority experience.
FINANCIAL COMMITMENT

Oklahoma State University Panhellenic Association has adopted a resolution regarding financial transparency during Panhellenic recruitment processes. In a spirit of transparency and accountability, this information will be provided to potential new members before, during, and after the Formal Recruitment process. The information in this booklet includes all required costs of Panhellenic membership for the 2024 – 2025 year as reported in spring of 2024. Total costs include all member dues, chapter fees, and assessments including inter/national fees, required apparel, housing and/or parlor fees, etc. In addition to mandatory expenses, there may also be additional, optional expenses such as T-shirts. Students are encouraged to determine how much they will allocate for these expenses at the beginning of each semester.

NEW MEMBER FEE:
Many chapters will have one-time fees which include, but are not limited to: initiation fees, new member fees, building funds, security deposits and badge fees.

IN-HOUSE MEMBER:
This includes room and board, weekday meals, membership and chapter dues, as well as some miscellaneous fees that will vary from chapter to chapter on a semester basis.

OUT-OF-HOUSE MEMBER:
This includes use of the sorority house, some meals, membership and chapter dues, as well as other small fees associated with that chapter on a semester basis. All of these fees and dues are stated in each chapter’s pages starting on page 20.
As a part of the Cowboy Family, we have to look out for each other. Taking care of your own mental health is certainly important, but we ask you to do your part in looking out for fellow Cowboys. By becoming educated, trained and prepared, we can all work together to end the stigma surrounding mental health.

To find more information about OSU's resources please visit https://bit.ly/3zD8zJC

In 2021, the Panhellenic Executive team developed a strategic plan with three main goals to advance our community.

1. Cultivate a Sense of Belonging
2. Member Development, Engagement, and Health
3. Cross Council and Campus Collaboration

These act as a cornerstone to help guide current and future Panhellenic leaders in their efforts to create a more inclusive campus. Working together, we can cultivate an environment where everyone feels valued, and where women can become great leaders and instill confidence in one another. As part of Panhellenic, we have the opportunity to support each other; we are not 13 individual chapters living alongside each other, but one community brought together by common values.

When this plan was created, your Panhellenic experience was our greatest consideration. Because of this, we are confident that there is a place for you. Through the recruitment process, I hope you find the women who will support you, inspire you, and stand by your side throughout your time at Oklahoma State and life afterward. I have no doubt there is a home for you in our Panhellenic community!

Emily | President, Panhellenic Council 2024

Mental Health Resources

As a part of the Cowboy Family, we have to look out for each other. Taking care of your own mental health is certainly important, but we ask you to do your part in looking out for fellow Cowboys. By becoming educated, trained and prepared, we can all work together to end the stigma surrounding mental health.

To find more information about OSU's resources please visit https://bit.ly/3zD8zJC
HOMECOMING

Oklahoma State University hosts one of the largest homecomings in America with considerable participation from the fraternity and sorority community. Sororities are paired with fraternities to build large, colorful structures in their yards known as “house decs,” which is short for house decoration. Each member of a fraternity or sorority is required to work on their “house dec” for a certain number of hours each week as designated by the chapters. At OSU, this is known as “pomping.” The hours vary by chapter and are based on work completed and work left to be done. In the past, hours have ranged from five to 10 hours per week. Special accommodations can be made for individuals with particularly demanding schedules or for participants in Freshman Follies. These “house decs” are the focus of Friday night’s Walkaround to which thousands of people come from all over the country to view the displays. The fraternity and sorority community also participates in the Harvest Carnival, sign competition, spirit rally and offers tremendous support for the football team. Homecoming truly is the highlight of the fall semester and a source of great pride for many of the fraternities and sororities at OSU.

INTRAMURALS

Participation in intramurals provides chapters with the opportunity to bond and socialize with each other. Many chapters pair up as a way to build relationships or simply be entertained together. Oklahoma State has a wide variety of options to choose from whether it is the more traditional softball or soccer to the less common ultimate frisbee and water-polo. Whether the sport is a beloved favorite or completely new to the individual, all are encouraged to participate by either supporting the team and cheering from the sidelines or competing. Intramurals are a great way to relieve stress, have fun, and make memories. Many different types of leagues are offered such as open, co-rec competitive, co-rec recreational, specific leagues for Greek life. The energetic environment makes intramurals a staple of Greek life.

SHOWS

Shows have become a cherished tradition within Greek Life here at Oklahoma State University. There are three different shows throughout the length of a school year: Follies, Varsity Revue, and Spring Sing. Follies is the first and has been a tradition of the Oklahoma State University Greek community for more than 50 years. Held annually during the fall semester, Follies has allowed students to light up the stage with singing, dancing and “cheesing” since 1970. Follies raised 101,000 for Stillwater Public Schools Performing Arts program in 2023.

This year, Varsity Revue (VR) celebrated 95 years at Oklahoma State University making it one of the oldest traditions remaining. VR is put on by members of all ages and takes place in the first half of the spring semester. It was originally created to raise desperately-needed funds for the marching band in 1929. Today, Varsity Revue consists of most of the Greek organizations performing broadway-styled acts while raising money to donate to the United Way of Payne County.

Spring Sing is the final show in the school year at Oklahoma State University which benefits Cowboys vs Cancer, and has been a long-standing tradition in the Greek community for almost 60 years. Spring Sing is held annually in the Gallagher-Iba Basketball Arena on Spring Family Weekend and sees over 2,000 guests in attendance.
Greek Life at Oklahoma State University is composed of over 50 fraternity and sorority chapters and four governing councils; the Interfraternity Council, Multicultural Greek Council, National Pan-Hellenic Council, and Panhellenic Council. Fraternity and sorority membership offers students a unique opportunity to have a balanced college life with a focus on academic excellence, brotherhood/sisterhood, leadership development, community service and responsible social interaction. Greek affiliation also allows students to make lasting friendships with individuals with similar ideals and common purposes.

**INTERFRATERNITY COUNCIL**
The Interfraternity Council at Oklahoma State is traditionally an all-male council that comprises 22 chapters, and approximately 1,700 men. Our values embody leadership development, philanthropy, academic achievement, and brotherhood which all work together to produce men that contribute to the upward march of humanity. The Executive Council oversees the self-governance aspect of the organization and is led by our President, 5 Vice Presidents, and the Director of Recruitment. We exist to foster a spirit of friendliness and community at Oklahoma State for our time on campus and the years to come! Go Pokes!

**Griffin Forbes**
Interfraternity Council President

**MULTICULTURAL GREEK COUNCIL**
The Multicultural Greek Council at Oklahoma State University was established to meet the needs of ethnic fraternities and sororities that were not being met by the traditional fraternity and sorority community. MGC comprises nine chapters including alpha Kappa Delta Phi International Sorority, Inc., Alpha Pi Omega Sorority, Inc., Kappa Delta Chi Sorority, Inc., Omega Delta Phi Fraternity, Inc., Sigma Lambda Alpha Sorority, Inc., Theta Nu Xi Sorority, Inc., Lambda Phi Epsilon International Fraternity, Inc., Sigma Lambda Beta Fraternity, Inc., Sigma Lambda Gamma National Sorority, Inc. and is currently growing. As a council we pride ourselves on high academic achievements and community service.

**Sage Hermes**
Multicultural Greek Council President

**NATIONAL PAN-HELLENIC COUNCIL**
The National Pan-Hellenic Council at Oklahoma State University comprises seven chapters of our nine historically black organizations often referred to as the Divine Nine. These consist of Alpha Phi Alpha Fraternity, Inc., Alpha Kappa Alpha Sorority, Inc., Omega Psi Phi Fraternity, Inc., Delta Sigma Theta Sorority, Inc., Kappa Alpha Psi Fraternity, Inc., Phi Beta Sigma Fraternity, Inc., and Zeta Phi Beta Sorority, Inc. We value sister/brotherhood, scholarship and community service. We strive to make our presences known on campus by staying involved in the community by hosting events, giving back and staying engaged.

**Kevin O’Neal**
National Panhellenic Council President

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**PANHELLENIC PHILANTHROPY**

Infant Crisis Services is a nonprofit focused on being a place of comfort for babies, toddlers, and families of all backgrounds in our communities. Based in Oklahoma City, OK, this nonprofit takes pride in its unique three step approach: rescue, feed, and connect. In addition to providing families with a week’s worth of infant and toddler necessities, they are also connected to resources around the state should they need further assistance. Through this monumental system, ICS has been providing countless infants and toddlers with basic necessities since 1984. Oklahoma State’s Panhellenic Council is overjoyed with the opportunity to partner with a local philanthropy that aides the people in our very own, special Oklahoma community.

Supporting a new philanthropy has given Oklahoma State’s Greek Councils the opportunity to come together and begin a new tradition on our campus; an All Council Philanthropy. We, as a Panhellenic Council, are thrilled to work together with the Multicultural Greek Council and National Pan-Hellenic Greek Council to make a difference in the Oklahoma and Stillwater community!
# RECRUITMENT SCHEDULE

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday, August 6</td>
<td>Meet with your Gamma Chi</td>
</tr>
<tr>
<td>Wednesday, August 7</td>
<td>Open House via Zoom (Round 1)</td>
</tr>
<tr>
<td>8:00 a.m. - 11:50 a.m.</td>
<td>Events with chapter houses</td>
</tr>
<tr>
<td>11:50 a.m. - 12:50 p.m.</td>
<td>Lunch</td>
</tr>
<tr>
<td>12:50 p.m. - 2:30 p.m.</td>
<td>Events with chapter houses</td>
</tr>
<tr>
<td>Thursday, August 8</td>
<td>Open House via Zoom (Round 1)</td>
</tr>
<tr>
<td>8:00 a.m. - 12:25 p.m.</td>
<td>Events with chapter houses</td>
</tr>
<tr>
<td>Monday, August 12</td>
<td>Move In &amp; Check-In</td>
</tr>
<tr>
<td>Tuesday, August 13</td>
<td>Philanthropy (Round 2)*</td>
</tr>
<tr>
<td>8:00 a.m. - 9:00 a.m.</td>
<td>Meet with your Gamma Chi</td>
</tr>
<tr>
<td>9:00 a.m. - 12:05 p.m.</td>
<td>Events at chapter houses</td>
</tr>
<tr>
<td>12:05 p.m. - 2:00 p.m.</td>
<td>Lunch</td>
</tr>
<tr>
<td>2:00 p.m. - 4:15 p.m.</td>
<td>Events at chapter houses</td>
</tr>
<tr>
<td>Wednesday, August 14</td>
<td>Philanthropy (Round 2)*</td>
</tr>
<tr>
<td>8:00 a.m. - 9:00 a.m.</td>
<td>Meet with your Gamma Chi</td>
</tr>
<tr>
<td>9:00 a.m. - 12:05 p.m.</td>
<td>Events at chapter houses</td>
</tr>
<tr>
<td>12:05 p.m. - 2:00 p.m.</td>
<td>Lunch</td>
</tr>
<tr>
<td>2:00 p.m. - 4:15 p.m.</td>
<td>Events at chapter houses</td>
</tr>
<tr>
<td>Thursday, August 15</td>
<td>Sisterhood (Round 3)*</td>
</tr>
<tr>
<td>7:00 a.m. - 8:30 a.m.</td>
<td>Meet with your Gamma Chi</td>
</tr>
<tr>
<td>8:30 a.m. - 12:15 p.m.</td>
<td>Events at chapter houses</td>
</tr>
<tr>
<td>12:15 p.m. - 1:45 p.m.</td>
<td>Lunch</td>
</tr>
<tr>
<td>1:45 p.m. - 6:30 p.m.</td>
<td>Events at chapter houses</td>
</tr>
<tr>
<td>Friday, August 16</td>
<td>Preference (Round 4)*</td>
</tr>
<tr>
<td>7:00 a.m.</td>
<td>Meet with your Gamma Chi</td>
</tr>
<tr>
<td>8:05 a.m. - 12:45 p.m.</td>
<td>Events at chapter houses</td>
</tr>
<tr>
<td>2:00 p.m. - 3:00 p.m.</td>
<td>Attend college spotlight</td>
</tr>
<tr>
<td>3:30 p.m. - 5:00 p.m.</td>
<td>Attend Convocation</td>
</tr>
<tr>
<td>Saturday, August 17</td>
<td>Bid Day (Last Round)*</td>
</tr>
</tbody>
</table>

* Times are tentative and may change closer to time. Please check your email for any scheduling updates.

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# GAMMA CHI

During formal recruitment week, you will have the opportunity to be introduced to women who are a member of a sorority chapter at Oklahoma State University. She was selected by her peers and completed an application and interview process. She has disaffiliated from her chapter so she can be a friend and guide to you. Disaffiliation means she does not have contact with her own chapter throughout the recruitment process. These women will be here to assist you and to model the Panhellenic Spirit to you. Therefore, she will only go by her first name during recruitment. These women are called Gamma Chi’s.

Gamma Chi’s have been through hours of training in preparation for recruitment. These women are educated to answer any questions you may have. They will always be available to the PNMs to handle problems and offer guidance in a one-on-one situation. Gamma Chi’s will keep anything you tell them in confidence, so you can be open with them about any problems you have during recruitment.

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# ATTENDANCE

Recruitment, much like sorority membership itself, is a process that requires a reasonable commitment of time and effort. The Panhellenic Council has adopted a no-tolerance policy regarding missed days or events. Women participating in recruitment must be available to attend all scheduled invitational rounds and evening events; exceptions will be made only for university-related activities (i.e. OSU Band or OSU Athletics). Potential new members are expected to be present at every chapter event they are scheduled to attend on any given day. Failure to do so will result in dismissal from recruitment. Women who have unavoidable conflicts that will require absences from recruitment events are encouraged to contact the Panhellenic Recruitment team to discuss their options.
VALUES-BASED RECRUITMENT

Value Based Recruitment focuses on what is important to each individual woman going through recruitment. With this approach, both chapters and PNMs find their match based on their respective values and interests, rejecting the superficiality and materialism that can distract from our core purpose. Recruitment here at Oklahoma State is focused on what it really means to be in a sorority and the true sisterhood that the members experience. The purpose of Values Based Recruitment is to lead the PNMs to confidence that their connection with their chapter will continue through their membership for all four years of their college experience, and for life!

MUTUAL SELECTION PROCESS

Recruitment is a mutual selection process that balances the preferences of each potential new member with those of the existing sorority chapters. The Panhellenic Council strives to allow every young woman an opportunity to find a sorority that best suits her personality, interests and future goals, while providing an organized and unbiased membership selection process for the chapters. Invitations are only guaranteed to potential new members for the first round, which takes place on Wednesday, August 7. There is no guarantee that a PNM will be invited to attend the second, third, or fourth event rounds. Invitations to subsequent rounds are made based on the selections of the chapters and the preferences of the potential new members. PNM schedules will be maximized so they are able to meet with as many chapters as possible during their recruitment experience. There is no guarantee that a woman will receive a bid to any sorority. However, if a potential new member progresses through the week and attends all the events she is invited to during the fourth event round and lists each of those chapters on her preference sheet that night, she will receive a bid to one of those chapters. There is no specific formula that explains why a woman is released from a particular chapter, or why a woman prefers one chapter more than another. The Panhellenic Council makes every effort to allow each potential new member the best opportunity to join the sorority of her choice, but there are no guarantees a young woman will be placed within that specific sorority. It is important to keep an open mind during recruitment week and to use the time to meet and make new friends.

CONTINUOUS OPEN BIDDING

Continuous Open Bidding (COB) is an informal recruitment process that takes place after fully-structured recruitment in the fall and lasts until the end of the spring semester. Any woman who wishes to participate will be listed on a continuous open bid list and could be contacted as early as Bid Day if chapters are participating. If a chapter is participating in COB, they may extend a bid to a potential new member at any time. If a woman decides to withdraw from recruitment, she must check out with her recruitment counselor and a member of the recruitment staff by completing an exit interview. She must sign an official form to be released from recruitment. If she is interested in COB, she can sign up at that time. Please remember that there is no guarantee that any chapter will be eligible to participate in COB. If you have any questions regarding COB, feel free to contact us at sororityrecruitment@okstate.edu or (405) 744-6583.
ROUND 1 - VIRTUAL OPEN HOUSE
WILL TAKE PLACE PRIOR TO RECRUITMENT WEEK - AUGUST 7 & 8, 2024

VIRTUAL ROUND
This year, the first round of recruitment will be virtual on Zoom. This round will be Wednesday, August 7 and Thursday, August 8 beginning at 8:00 a.m., and ending at a maximum of 2:30 p.m. Each party will last 20 minutes, with a 15 minute break in between. Everyone will have a lunch break from 11:50 a.m.-12:50 p.m., on Wednesday, August 7, and be finished by 12:25 p.m. on Thursday, August 8. Parties will begin again immediately after the lunch break. Potential new members will meet with all 13 Panhellenic chapters at Oklahoma State via zoom and must attend each party virtually to continue participating in the formal recruitment process. There are a total of 18 parties scheduled, but you will only attend 13. Your Gamma Chi will provide you with a detailed schedule closer to August 8. This round is required, so please make the appropriate arrangements in advance. PLEASE NOTE: PNMs will be required to attend an informational meeting over Zoom with their Gamma Chis and recruitment group on the evening of Tuesday, August 6. More details will be provided as this date approaches.

CONVERSATION POINTERS
This is the first opportunity for potential new members to meet with chapter members virtually. Take this time to get to know each chapter while keeping an open mind and positive attitude.

TIPS & TRICKS
• Be yourself!
• Choose a quiet spot with a simple background that you feel comfortable in.
• Wi-Fi is very important for this round! We cannot emphasize enough how important it is to make sure you have a stable connection throughout the whole day.
• Since this round is on zoom, a simple top will work. We suggest something not too casual and not too fancy, make sure you feel comfortable and confident.

WHAT TO EXPECT
• Gamma Chis will be in contact with you closer to the week of recruitment to provide further instructions and answer any questions you may have.
• Gamma Chis will ensure you feel comfortable using zoom the day prior to round one.

VIRTUAL OPTION
We understand that some women may not feel comfortable having in-person contact throughout the recruitment process due to health or personal concerns. As a community, we do not want this to hinder your ability to join our community, so a completely virtual option has been made available for potential new members. If you are interested in going through a completely virtual recruitment process please reach out to us as soon as possible so that we can arrange this for you. The registration for virtual recruitment closes August 1 at 11:59 a.m. By participating in a completely virtual recruitment, you will not be hindered in the number of chapter houses you get to speak to or are invited back to. Please contact us by emailing sororityrecruitment@okstate.edu and including your first and last name, CWID, and request for virtual recruitment.
CONVERSATION POINTERS
Round two will be the first time potential new members will get to visit with members in-person. PNMs will be given a presentation explaining the Chapter’s philanthropy while in the house. Chapter members will be excited to meet you, and might ask you about the presentation you experienced. While some women will spend the entire time talking about philanthropies, you are encouraged to talk about anything that is important to you.

TIPS & TRICKS
• If you choose to wear heels or wedges, bring comfy shoes to wear while walking from chapter to chapter.
• These rounds are great days to feel comfortable and adapt to the recruitment process. You will be provided with two t-shirts to pair with the bottoms of your choice.
• Research philanthropies you might not know about to form questions you might have for chapter members.

WHAT TO EXPECT
• Conversations and stories that relate to the chapter’s philanthropy.
• Discussions about how the chapter supports their philanthropies through events.
• PNMs will receive their schedule on Tuesday.
• You will receive your t-shirts on Monday at check-in.

MEET & GREET
The maximum number of chapters a potential new member can attend on the second round is 10. It is not indicative of a bad experience if you do not receive the maximum number of houses; in fact, it is fairly rare to have the maximum number of chapters during a round. Remember, the end goal is to find one chapter to call home.
CONVERSATION POINTERS
Take the time to ask questions about the chapter and financial commitments. The third round is also a great time to ask the members questions about what it is like to live in the chapter house, they will likely have stories they can share with you about their experiences.

TIPS & TRICKS
• This round’s theme is game day! Outfits including orange, black, or white would be a good direction.
• Remember how hot it will be when planning your outfits.
• We recommend reviewing each of the chapters financial commitments prior to this round.
• Ask the members questions about financial obligations of the chapter if you have any.

WHAT TO EXPECT
• PNMs will have the opportunity to watch pre-recorded house tour videos prior to this round.
• Stories and experiences the members have had while at the chapter house.
• PNMs will receive their schedule on Thursday morning.

MEET & GREET
The maximum number of chapters a potential new member can attend on the third round is 6.
CONVERSATION POINTERS

The Fourth Round of recruitment is the last day potential new members and chapter members will have the opportunity to see each other before bid day and it is often the most serious and dressiest of the Four Rounds. On this day, we encourage you to ask chapter members any questions you have not had the chance to ask throughout the week. On this day, the chapter members will likely discuss with you why they chose their chapter when they went through recruitment.

TIPS & TRICKS

• Be genuine.

• Spend time reflecting about your experiences over the past week.

• Be respectful of all ceremonies and members who are sharing their sisterhood with you.

• The attire is the dressiest on this day. We recommend wearing a dress, skirt or slacks. Be tasteful, and wear something in which you feel confident.

WHAT TO EXPECT

• A serious and sometimes emotional day for both PNMs and chapter members.

• Decorated rooms that may reflect the chapters’ colors, mascots, and flower.

• PNMs will receive their schedule on Friday morning.

MEET & GREET

The maximum number of chapters a potential new member can attend on the fourth round is 2. You will have an opportunity to have a serious conversation with someone you have possibly already talked with during the week.
Bid Day is the last day of recruitment on Saturday, August 17. This is when you may receive a formal invitation to membership from a sorority. You will be able to notify your parents/guardians upon receiving a bid. In an effort to keep bid day focused on the new members, guest attendance will be limited to two additional guests at the chapter facility with each new member. After you have accepted your invitation of membership, you will be escorted to your chapter house by a few members of your new sorority. Each chapter has planned a reception to receive all of their new members. The reception will begin as soon as you and the other new members arrive at the chapter house, between 12:00 p.m. and 1:00 p.m. There will be pictures taken, new member meetings, and activities to foster new friendships.

Because flowers and gifts can be delivered directly to the chapter houses on Bid Day, a variety of vendors are featured at the back of this booklet. Simply give them the PNM’s name, and the vendor will handle the rest. The Panhellenic Council will help these vendors direct orders to the appropriate chapter house on Bid Day. All vendors that have copies of the OSU bid list are bound by contract not to release the information contained in the list. DO NOT ask them to tell you which chapter a potential new member has joined. Not all businesses deliver to the chapter houses but most will have orders ready for you to pick up on Bid Day.

It is very rare for a woman to be offered the opportunity to move directly into a chapter house. However, should you receive a bid from a sorority chapter that does have space for you to move into the chapter house, the housing cancellation form provided by the chapter must be filled out and returned to the Department of Housing and Residential Life in 100 Iba Hall on Monday, August 19 by 5 p.m. This form will be provided by the chapter on Bid Day and requires a signature from the following individuals: you, your parent/guardian and a chapter representative. The Office of Fraternity & Sorority Affairs is also required to approve all housing cancellation forms. For formal recruitment, this approval is obtained when the Department of Housing and Residential Life receives a copy of the Bid List on Saturday, August 17 from the Office of Fraternity & Sorority Affairs. You do NOT need to physically go to the Office of Fraternity & Sorority Affairs. Please note that you will also need to check out of your permanent housing assignment in order for the contract breaking process to be complete. Check outs can be arranged by contacting your Community Mentor or Hall Staff. These typically require 24-hours’ notice. Specifically for formal recruitment, failure to cancel your housing contract by completing the housing cancellation form on Monday, August 19 will result in housing charges. The information provided here is subject to change at any time without notice. Please contact the Office of Fraternity & Sorority Affairs during regular business hours with questions or concerns.
Dear Potential New Member,

On behalf of the Gamma Epsilon Chapter of Alpha Chi Omega, I am beyond excited to welcome you to Oklahoma State University! Joining the Panhellenic community has been the greatest decision since my time here in college. I have made lifelong friendships and memories that I will treasure forever. It is my hope that you find that within the community as well.

Alpha Chi Omega strives to grow our members into Real. Strong. Women. Our sisterhood prioritizes authenticity, dedication, and kindness. The women behind these double red doors want you to know that you are loved & valued, and that we don't ask you to change, but continue to be who you are and who you are becoming. My favorite thing about this sisterhood is the way we honor our similarities and embrace our differences. Alpha Chi Omega has truly changed me for the better and has helped shape me into the woman I am today.

As you go through recruitment, my advice to you is to relax and trust the process, embrace the chaos, and stay true to yourself. Most importantly, remember that you are the prize! You have so much to offer to the Greek community and your involvement is a privilege. Find a home that celebrates your authenticity, achievements, and values. You will always have a friend here at 223 S Garfield Street.

With Love,

Jordan Lesando | Chapter President - Alpha Chi Omega
On behalf of the Alpha Omicron chapter of Alpha Delta Pi, I am so excited to welcome you to Oklahoma State! We are so thrilled that you decided to join the Panhellenic community! Deciding to join Greek Life was one of the best decisions I ever made, it has not only given me friends that will last a lifetime but provided an environment to foster both my individual growth and my leadership abilities! We can’t wait to share with you all the reasons we love this community as you embark on this new and exciting journey of your life!

Alpha Delta Pi is a group of women who value love, loyalty, and friendship. One of my favorite things about Alpha Delta Pi is that everyone truly demonstrates that love and friendship outside of just our chapter house, whether that’s on campus or just in passing around Stillwater! Alpha Delta Pi’s motto is “We live for each other”, ever since I joined Alpha Delta Pi the women in this chapter have truly shown me what it means to live out that motto. Deciding to join Alpha Delta Pi has changed my life for the better and I’m beyond grateful for the memories that I know will last a lifetime!

When you walk through the doors of Alpha Delta Pi, my hope is that you feel this same kind of love. As you begin this new and exciting journey, I encourage you to look for women who inspire you or who display characteristics that you wish to embody! Most importantly, don’t be afraid to be who you are! I’m so excited for you to embark on this new journey and I wish you the best of luck during your recruitment process and your time here at Oklahoma State!

Love and Loyalty,

Kayla Sage | Chapter President- Alpha Delta Pi
Hello! On behalf of the Omega Sigma Chapter of Alpha Omicron Pi, I welcome you to Stillwater and into the Panhellenic Community! Being involved in Greek life here at Oklahoma State was one of the best decisions I’ve ever made and I cannot wait for you to encounter these exciting friendships and experiences that will go with you far beyond college.

From the very first time I walked through our red doors, I felt valued and seen at AOII in a way I have never felt before. The character of the women here truly embody our chapter’s submotto, “Beautifully Strong, Faithfully Courageous”. They continue to show up for each other and themselves day in and day out. AOII was founded on inclusivity and authenticity and it is something we constantly strive for through our value of dignity. Whether it’s our sisters, members of the Greek community, or anyone else we interact with, we treat them with respect and kindness. Our chapter pushes women to achieve their goals while creating a sisterhood of friendships that will shape each member to be the best version of themself. Scholarship and College Loyalty, our other two values, tie in directly to OSU and the community we have built there. We want our women to accomplish their goals, both big and small, and we are willing to go to lengths to help in any way we can.

This process is long, but don’t give up. Take a deep breath and know that you will find a place that sees you and loves you as you are. You will land where you were meant to be and the relationships you form will shape your college experience and your life afterwards. Being an Omega Sigma woman has shaped me into who I am and I am eternally grateful for this chapter and these women.

Alpha Love and Mine,
Sydney Martens | Chapter President - Alpha Omicron Pi
Dear Potential New Members, On behalf of the Alpha Xi Delta sorority at Oklahoma State University, I am excited to extend a warm welcome to each of you as you embark on the exciting journey of recruitment. Joining Greek Life has given me friendships and memories that will last a lifetime, and I am thrilled for you to find your home within our great Panhellenic community!

At Alpha Xi Delta, it isn’t just about finding a group of friends; it’s about discovering a community of supportive, driven, and inspiring women who will empower you to realize your potential in our sorority and at OSU. From the moment you step through our doors, you will be embraced by a sisterhood that values community, leadership, knowledge, and service.

During my time as an Alpha Xi Delta, I have been able to experience personal and professional growth within this chapter and discover strengths about myself I didn’t know existed. But beyond personal growth, Alpha Xi Delta has given me something equally invaluable: lifelong friendships. The bonds I’ve formed with my sisters are unlike any other. We’ve shared laughter, tears, triumphs, and challenges, and through it all, we’ve stood by each other’s side, unwavering in our support and love. Throughout this process, I hope you find the people who uplift and support you, who make you feel at home from the moment you meet them. Seek out those who celebrate your individuality, who cherish your presence, and who inspire you to be the best version of yourself. I wish you all the best in this journey, and I can’t wait to welcome you into the Greek community with open arms.

Realize Your Potential,
Emily Myrick | Chapter President - Alpha Xi Delta
Hello! On behalf of the Tau Beta chapter of Chi Omega, I am so excited to welcome you to Oklahoma State! You are about to enter our incredible Panhellenic Community that will leave you with experiences, memories, and relationships that will last a lifetime!

Here at Chi Omega we are sisters inspired by our values, who serve others while keeping Chi Omega ever at heart. Friendship, our first purpose, celebrates the bond we share in Chi Omega, the opportunity to become a part of something bigger than yourself, and the motivation to enhance the best qualities of each other. Friendship in Chi Omega is much more than a relationship. It is surrounding yourself with people who will be your home away from home, values to guide our decisions, and a challenge to always be sisters seeking more.

We genuinely believe that through recruitment, every woman ends up exactly where they are meant to be. We want you to know that you are loved and valued, and that we don't ask you to change, but continue to be who you are and who you are becoming. As you begin your recruitment experience, I want to encourage you to seek out the role models you aspire to be like at the end of your time at Oklahoma State. We are so excited to give you a glimpse into the sweetness of our chapter and are cheering you on throughout your experience!

Love,
Campbell Collier | Chapter President - Chi Omega
Dear Potential New Member,

On behalf of the Phi Upsilon chapter of Delta Delta Delta, I am so happy to welcome you to Oklahoma State University and the Panhellenic community! We are so excited for you!

Delta Delta Delta is a sisterhood that prides itself on diversity and individuality of every member. At Tri Delta, we want every member to be their true self. We don’t want you to come and be like one of us, we want you to come here and be you. Our women share the values of truth, self-sacrifice, and friendship. This sisterhood has pushed me to be the best version of myself! I am able to walk into the Tri Delta house and feel like I belong, and this is a feeling that I hope you find at the end of your recruitment journey!

I was in your shoes not long ago, and I want to encourage you all to enjoy the recruitment experience! It can be stressful, but the women of Delta Delta Delta encourage you to stay true to yourself throughout it all. I encourage you to always remember that you are special, beautiful, and worthy beyond measure. Wherever you find your home, we are rooting for you!

Delta Love,
Sadie Moss | Chapter President – Delta Delta Delta
Dear potential new member, From all of Gamma Phi to you, welcome to Oklahoma State University! I am so excited for you to join our Panhellenic community and make friendships and memories that will last a lifetime. As you begin your recruitment experience remember to stay true to yourself and know that the women of Gamma Phi Beta are cheering you on and cannot wait to meet you!

Gamma Phi Beta is an organization built upon true and constant friendship. I know without a doubt that I would not be woman I am today without the growth, relationships, and opportunities Gamma Phi Beta has brought to me. When you are going through recruitment, the best advice anyone can offer is to be yourself and picture the woman you want to become throughout college. Your happiness is the most important part of your recruitment experience.

At Gamma Phi, we strive to inspire the highest type of womanhood by living out our four core values: Love, Labor, Learning, and Loyalty. Each day am I surrounded by women who have become my bestest friends while being my greatest role models. Throughout my college days I have been blessed to see how Gamma Phi will always be there for me, she is constant. Gamma Phi Beta holds me accountable, she pushes me, and she believes in me.

These next four years of your life are such a special time that will shape you into the woman you will become. And I could not be more confident in saying that Oklahoma State and our Panhellenic community is the perfect place to be. Remember, you always have a friend in Gamma Phi.

True and Constant, Maggie Piccin | Chapter President - Gamma Phi Beta
Dear Potential New Member, Welcome to Oklahoma State University! OSU Greek life has provided me with so many incredible opportunities and experiences that have drastically shaped my time in college. I am so excited for you to begin your journey here, and I truly believe that joining the Panhellenic Community will bring you lifelong friends and memories that you will treasure deeply throughout your life.

Choosing to join Kappa Alpha Theta has been and will always be one of the best decisions I’ve ever made. Theta has brought me so much joy, laughter, leadership experience, and friendships that I will hold close to my heart for the rest of my life. Theta is so special because of our members; we each have different majors, campus involvements, interests, and goals, but we share the same common values of faith, hope, and love. Theta binds us together through its values. Theta provides each member with opportunities to grow in their leadership abilities, thrive in their academics, create lasting memories, and develop meaningful friendships. Kappa Alpha Theta has truly changed me for the better and helped shape me into the young woman I am today.

My best advice to you would be to look for a chapter that feels like home and brings you comfort and belonging. Look for people who are going to encourage you, challenge you, support you, accept you, and push you to become the best version of yourself. Recruitment can be hard at times, but trust in the process and most importantly trust in yourself. I am confident that you will find the home that is perfect for you! I am so excited for you to begin this journey and wish you nothing but the best during your recruitment process and your time at OSU!

Theta Love and Mine, Kate Hamlin | Chapter President - Kappa Alpha Theta

Nickname: “Theta”
Local Chapter: Beta Zeta
National Founding Day: January 27, 1870
Local Founding Day: September 5, 1919
Colors: Black & Gold
Mascot: Kite
National Philanthropy: Court Appointed Special Advocates (CASA)
Local Philanthropy: Payne County CASA
GPA Requirements: High school: 3.2/4.0 | College: 2.75/4.0
Meals Served Per Week: 14 (with food provided on weekends)
Room & Board Dues: $4,080
Out-of-House Dues: $1,680
One-time New Member Fee: $400
Women Per Room: 2-5
Length of New Member Program: 4-6 weeks
National Website: kappaalphatheta.org
Local Website: betazeta.kappaalphatheta.org

Social Media:
Twitter: @BZ_Theta
Facebook: Beta Zeta Chapter of Kappa Alpha Theta
Instagram: @okstatetheta

1323 W. UNIVERSITY · STILLWATER, OK 74074
Hi there!

Kappa Delta wants to welcome you to the greatest college on earth - OSU!! We are so excited and overjoyed that YOU are joining our Panhellenic community. You are about to enter into a new season of life and Nu Chapter of Kappa Delta is so excited to be a part of your experience!

At Kappa Delta, we strive for that which is honorable, beautiful, and highest! Our values lie within those of friendship & loyalty, personal integrity, lifelong learning, and selfless service. We believe in promoting confidence in each other and within the Panhellenic community. We believe in growing with our sisters through experiences that foster personal and professional growth for a lifetime. Through Kappa Delta is lifelong friendship and our greatest hope is that you find yours.

I know this process can be overwhelming, but our girls at KD want you to know that we are cheering you on to find your home away from home in the Greek Community at Oklahoma State. I remember being in your exact shoes and not sure if Greek life was for me or if I’d fit in, but I soon learned otherwise and have found my home away from home. During this week, let your true colors shine, go confidently, and you will find your forever place. Just know you always have a friend at 220 S. Cleveland Street!

With love,

Camille Columbus | Chapter President - Kappa Delta
Dear Potential New Member,

I’m absolutely thrilled to welcome you to Oklahoma State University! The women of Kappa Kappa Gamma can’t wait to see you embark on an amazing journey in the best Greek community. Our motto “Dream Boldly, Live Fully” truly encapsulates each and every girl at Kappa. They are the most authentic, loyal, bold and kind women who live their lives with confidence in themselves and nothing but love for those around them. These values not only make us better women, but unite us as a sisterhood.

Let me tell you, being a part of this sisterhood has been one of the most rewarding experiences of my life. Kappa has embodied everything I ever wanted in finding my home away from home and I will certainly carry the memories I’ve made here long after I leave the house of Blue and Blue. It has provided me with opportunities for endless growth surrounded by a group of fiercely loyal women and given me tools that will help prepare me for life after I leave Oklahoma State.

Although you may leave Kappa, Kappa never truly leaves you and just like I have found my home, my hope for each and every one of you is that you find a place where you are endlessly loved for being the amazing person you are. So, as you navigate through recruitment, keep an open mind, ask questions, and most importantly, be yourself. Trust me, the right fit will find you, and when it does, it’ll feel like coming home. I wish you the best of luck throughout the recruitment process and am so excited for your journey ahead at Oklahoma State.

Rah Rah for KKG!

Olivia Kopang | Chapter President – Kappa Kappa Gamma
Dear Potential New Member,

Welcome to OSU!! I am so excited for each of you to join the Greek community. I and the members of the Epsilon Nu Chapter of Phi Mu are so excited to meet each of you and welcome you into our home. I remember being in your shoes and having a bunch of different emotions. My advice is to be yourself and have the best time during this process.

Behind the doors of Phi Mu is something really special. Phi Mu is dedicated to upholding our three core values: love, honor, and truth. These values create an unbreakable bond within our chapter, and the timeless ideals of Phi Mu continue to positively impact individuals for a lifetime.

Becoming a Phi Mu is the best decision I have ever made. 1523 West 4th Ave has been much more than a home to me for the last three years. I have made friends who have pushed me to be a better person and have also enlightened me on the essence of true sisterhood. The friendships and cherished memories I have formed will remain with me for a lifetime.

As you navigate through the recruitment process, remember to stay authentic to yourself. We are eager to witness the amazing individuals you will become during your four years at Oklahoma State University.

Love in Our Bond,

Alexa Phillips | Chapter President - Phi Mu
Dear potential new members, On behalf of the Oklahoma Beta Chapter of Pi Beta Phi, we are thrilled to welcome you to Oklahoma State University!

This campus and panhellenic community have far exceeded my expectations of what it looks like to encourage and walk alongside your neighbor. We have no doubt that you will experience this sense of family in this community during your time at Oklahoma State. I am so excited for you to begin your greek life journey soon!

While we rebuild our house this year it has become even more clear that it’s the women of Pi Phi that make this chapter so special. Everyday women are challenged to be the best version of themselves. Personal and intellectual growth are accomplished over the years spent with this sisterhood. There is not one definition of a “Pi Phi” and that is what makes this sisterhood so special. When you look at Pi Beta Phi you will see drive, intellect, and confidence. You will also be met with grace, kindness, and sincerity. I am not the same girl I was when I walked on this campus 2 years ago, and I have my friends at Pi Phi to thank for that. Pi Phi has truly blessed me with friends who make me laugh until I cry, pick me up when I’m down, and will stand beside me at my wedding.

If I could give you all one piece of advice it would be to walk confidently in who you are during this process. You will find your perfect home in greek life no matter what path you choose! I cannot wait to see what your future at OSU will hold!

Ring Ching!

Emily Creel | Chapter President - Pi Beta Phi
Dear Potential New Member,

As a current President of Zeta Tau Alpha, I want to extend a warm welcome to you as you embark on this exciting journey. Whether you’re a freshman stepping onto campus for the first time or a transfer student looking to find your place in a new environment, know that you are about to become part of a community that values sisterhood, friendship, and personal growth.

Zeta Tau Alpha is more than just being a member of a social organization; it’s about finding a home away from home and a support system that will be there for you through the ups and downs of college life. These women have been my greatest supporters through all the peaks and valleys life has thrown at me in the past few years. Behind the blue door, you will discover opportunities for leadership, academic support, philanthropy, and lifelong friendships that extend far beyond your time at Oklahoma State. You will find women that strive to help you become your best you, and who will always have your best interests at heart.

As you navigate through your recruitment experience, remember to embrace every moment with an open heart and an open mind. As you go through this process, be true to yourself, trust your gut, and run home to the place you love the most!

Zeta Love,

Jamie Harper | Chapter President - Zeta Tau Alpha
**Active** - The term used to indicate a sorority woman or a fraternity man who has been formally initiated by his or her chapter.

**Alumna (Plural: Alumnae)** - An initiated sorority member who is no longer in college.

**Bid** - An invitation extended by only one sorority per potential new member on Bid Day; this is the formal invitation to become a new member of that sorority.

**Chapter** - The women comprising each local collegiate group of an inter/national sorority. OSU has 13 sorority chapters on campus that participate in recruitment.

**Colony** - A new fraternity or sorority that is working to receive a charter from the inter/national organization to which it is affiliated. When a charter is received, they become a chapter of that inter/national organization.

**Continuous Open Bidding (COB)** - The period other than fully-structured recruitment when Panhellenic sororities acquire new members.

**Fully-Structured Recruitment** - The formal process of mutual selection by which chapters invite potential new members to join their sorority prior to the fall semester.

**Initiation** - The formal ceremonies by which new members complete membership into a chapter and receive full membership privileges.

**Legacy** - A woman whose mother, sister or, in some cases, grandmother or half-sister is an alumna or active member of a sorority. A sorority is not obligated to offer a bid to a legacy, and a potential new member is completely free to choose the sorority of her individual preference.

**New Member** - A potential new member who has accepted the bid of a sorority and has taken the first step toward full membership but has not yet been initiated.

**Panhellenic Association** - The term that refers to all members of the sorority community at Oklahoma State University.

**Panhellenic Council** - An organization composed of representatives of each sorority chapter who act as the central governing body of all sororities.

**Potential New Member (PNM)** - An unaffiliated woman who attends formal recruitment or participates in Continuous Open Bidding.

**Quota** - The number of new members that each Panhellenic sorority may select during formal recruitment.

**Recruitment Counselor (Gamma Chi)** - A Panhellenic representative who assists PNMs during the recruitment process. This woman completely disaffiliates from her sorority to provide objective advice and support.

**Recruitment Group** - A group of 30-40 women who live in close proximity to each other and are led by a Recruitment Counselor. This group will attend all of the Open House events together on the first and second days of recruitment.

**Rec Letter** - A recommendation letter written by an alumna. These letters are not required for participation in recruitment. However, it is highly recommended that if you know an alumna, you ask them to write a recommendation letter on your behalf.

**Sorority (Women’s Fraternity)** - A values-based, social experience based on the fundamental right of a free people to form voluntary associations.

**Total** - The allowable chapter size as determined by the Panhellenic Council that includes both new and active members. Chapter total is the total number of members that a chapter may recruit to during Continuous Open Bidding. If a chapter has less than total, they may participate in COB. The Panhellenic Council evaluates this number each year. It usually reflects average or median chapter size.
FREQUENTLY ASKED QUESTIONS

When are recommendation letters due?
There is not a due date for recommendation letters. The earlier they are sent in, the better off you will be. However, recommendation letters can be sent in as late as August. Please note, recommendation letters must be sent directly to the chapters using the addresses found on the Chapter Profile Pages. Alumnae are also encouraged to submit electronic recommendation forms online by visiting their inter/national chapter’s website before recruitment.

What if I don’t have a recommendation letter for every chapter?
You are not required to have any letters of recommendation to go through recruitment. If you know alumnae from chapters we have on campus, ask them to write you a letter. These letters are written to introduce you to the chapter members, but it does not guarantee you will be given a bid to a certain chapter.

What if I don’t visit the maximum number of chapters during each round?
During the recruitment process, the number of chapters a PNM will visit each day will vary from one woman to the next. The majority of women who go through recruitment at OSU do not have full schedules of events to attend. The number of events is not important; it is the conversations and people you are interacting with that are important.

If I am going through recruitment as a sophomore or going through again, am I at a disadvantage?
Many women choose to go through recruitment as a sophomore or junior for various reasons. As long as your high school GPA is at least a 3.0, or your college GPA is at least a 2.7, and you have been involved in campus and community activities, you should not have a problem. For those going through recruitment a second time, there is a chance that chapters that released you the first time through will release you again. You should keep an open mind and discuss all the activities in which you have been involved over the past year as well as let the sororities know why you are going through a second time.

Am I guaranteed to receive an invitation for membership (bid) from a chapter?
Invitations are only guaranteed to Potential new members for the first round, which takes place on August 7 & 8. There is no guarantee that you will be invited to attend the second, third, or forth rounds. There is no specific formula that defines why a woman is not invited back. Therefore, there is no guarantee you will receive a bid to any sorority. However, if you progress through the week and attend all the events you are invited to during the fourth event round and list each of those chapters on your preference sheet that night, you will receive a bid to one of those chapters.

Will my grades suffer if I am in a sorority?
The all-Greek average GPA at OSU is consistently higher than the non-Greek average GPA. The average Panhellenic women’s undergraduate GPA is 3.5 while the All Non Greek undergraduate Women’s GPA is 3.2. Each sorority has its own scholarship program that will help you succeed academically as well as learn to effectively manage your time outside of class.

Will I be able to work in addition to being in a sorority?
Many chapter members at OSU have part-time jobs in addition to being in a fraternity or sorority.
<table>
<thead>
<tr>
<th>Greek Letter</th>
<th>English Pronunciation</th>
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<tr>
<td>A (Alpha)</td>
<td>&quot;al-fah&quot;</td>
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<td>B (Beta)</td>
<td>&quot;bay-tah&quot;</td>
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<td>Γ (Gamma)</td>
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<td>Ρ (Rho)</td>
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<td>Σ (Sigma)</td>
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<td>Τ (Tau)</td>
<td>&quot;taw&quot;</td>
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<td>Ψ (Psi)</td>
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<td>Ω (Omega)</td>
<td>&quot;oh-may-gah&quot;</td>
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Greek Map

- **ΛΧΩ** (Alpha Chi Omega)
- **ΛΔΠ** (Alpha Delta Pi)
- **ΛΟΠ** (Alpha Omicron Pi)
- **ΛΞΔ** (Alpha Xi Delta)
- **ΧΩ** (Chi Omega)
- **ΔΔΔ** (Delta Delta Delta)
- **ΓΦΒ** (Gamma Phi Beta)
- **ΚΑΘ** (Kappa Alpha Theta)
- **ΚΔ** (Kappa Delta)
- **ΚΚΓ** (Kappa Kappa Gamma)
- **ΦΜ** (Phi Mu)
- **ΠΒΦ** (Pi Beta Phi)
- **ΖΤΑ** (Zeta Tau Alpha)