Camp Cowboy: Quest 2021 Packing List

**Clothing:**
- 2 short sleeve Shirts (moisture wicking)
- 1 long sleeve Shirt (moisture wicking)
- 2 pair of shorts (moisture wicking)
- 1 pair of pants
- Underwear and socks for 3 days
- Rain jacket
- Hat with a bill
- 1 Face covering

**Footwear:**
- River shoes (to get wet)
- Camp shoes (for campground and climbing site)
- Climbing shoes (if you have them)

*Shoes are required at all times, except in tents*

**Accessories:**
- Headlamp/Flashlight
- 32oz Nalgene Bottle x 2
- Pillow
- Towel
- Watch (optional)
- Mosquito head-net (optional)
- Journal (optional)

**Personal Care:**
- Travel size toiletry items
- Feminine products
- Over-the-counter drugs
- Prescription drugs*

*Have copies of your prescription available
*If this medicine is life critical, please bring a back-up dose for an instructor to carry

**We Provide:**
- Tents
- Sleeping bags
- Sleeping pads
- Cookware and kitchen Supplies
- Personal utensils/plates/etc for each meal
- Food
- Emergency First-Aid Kit

**Pro-Tips:**
- Don’t go broke buying gear for this trip, focus on packing simply.
- It will be summer and likely hot with plenty of insects. Be prepared to dress for the environment, consider lightweight long sleeves to protect from bugs.

**Professional Notes:**
- All OSU Policies and Procedures, local, state, and federal laws apply to this trip.
- Fees DO NOT provide food during travel to and from the trip destination. Bring money for at least one meal and any treats you want along the way.