Quest Packing List

Clothing:
- 2 short sleeve Shirts (Lightweight)
- 1 long sleeve Shirt (Lightweight)
- 2 pair of shorts
- 1 pair of long pants
- Socks and Underwear (Three days)
- Swimsuit
- Rain jacket
- Hat

Footwear:
*Shoes are required at all times, except in tents
- River shoes (Swimming, must have a back - No slip-flops, slides, etc.)
- Close-toed camp shoes (Campground, climbing site, hiking, etc.)
- Climbing shoes (Strongly recommended if attending a hiking trip, and preferably leather material)

Accessories:
- Headlamp/Flashlight
- 32oz Minimum Water Bottle
- Towel
- Watch (Optional)
- Mosquito head-net (Optional)
- Battery-powered Handheld Fan (Optional)

Personal Care:
- Travel Size Toiletries
- Bug Spray
- Sunscreen
- Pillow
- Over-the-Counter drugs
- Prescription drugs*

*Have copies of your prescription available and if this medicine is life critical, please bring a back-up dose for a staff member to carry

We Provide:
- One Quest T-Shirt
- Tents
- Sleeping bags and Sleeping pads
- Cookware and Kitchen supplies
- Personal utensils/plates/etc for each meal
- Food (Excluding travel meals)
- Emergency First-Aid Kit
- Camp Cowboy Water Bottle

Pro-Tips:
- Focus on packing simply, don't spend too much unnecessary money.
- It will likely be very hot with plenty of insects, be prepared to dress for the environment and consider wearing lightweight long sleeves to protect from bugs.

Professional Notes:
- All OSU Policies and Procedures, local, state, and federal laws apply to this trip.
- Fees DO NOT provide food during travel to and from the trip destination. Bring money for at least two meals and any snacks you want along the way.