



Camp Cowboy

PACKING LIST - QUEST CAMP



CLOTHING & FOOTWEAR

**Shoes are required at ALL times, except in tents.*

- 2 short-sleeve lightweight shirts
- 1 long-sleeve lightweight shirt
- 2 pair of shorts
- 1 pair of long pants
- 3 days of undergarments & socks
- Swimsuit
- Hat
- Light rain jacket
- River shoes for swimming. Must have a back - No flip flops, slides, etc.
- Closed-toed camp shoes for around the campground, hiking, etc.
- Climbing shoes - Strongly recommended if attending a climbing trip. Leather material recommend.

PROVIDED BY CAMP COWBOY

- Camp Cowboy t-shirt to wear on the last day of camp
- Refillable water bottle
- Tents
- Sleeping bags and sleeping pads
- Cookware & cooking supplies
- Personal plates, utensils, etc. for each prepared meal
- Food (excluding travel meals)
- Emergency First-Aid supplies

OTHER ESSENTIALS TO BRING

- Sunscreen
- Insect repellent
- Travel-sized toiletries (deodorant, shampoo, conditioner, toothbrush & toothpaste, etc.)
- Pillow
- Necessary medications - Have copies of your prescription available if medicine is prescribed; if medicine is life critical, please bring a back-up dose for a staff member to carry.
- Headlamp or flashlight
- 32oz. minimum water bottle
- Towel
- Money for at least 2 meals & any snacks along the way to and from your camp location.
- Watch (optional)
- Mosquito head-net (optional)
- Cooling towel (optional)
- Battery-powered handheld fan (optional)
- Any special snacks desired (optional)

PRO TIPS & IMPORTANT NOTES

- Pack simply & don't spend too much unnecessary money.
- It will likely be hot with plenty of insects. Plan to dress for the environment & consider wearing lightweight long sleeves to protect from bugs.
- All OSU policies and procedures, local, state and federal laws apply to this trip.

